



**PONNAIYAH RAMAJAYAM INSTITUTE OF
SCIENCE & TECHNOLOGY (PRIST)**

Declared as DEEMED-TO-BE-UNIVERSITY
U/s 3 of UGC Act, 1956

INVITATION

ANNUAL SPORTS MEET 2022 - 2023

17th MAY 2023

VENUE:

Vallam Campus

Inauguration By

CHIEF GUEST

DR. M.ABDUAL GHANI KHAN

Registrar

Ponnaiyah Ramajayam Institute of Science & Technology (PRIST)

At 10:00 am on 17th May

Distribution of Prizes and Certificates by

DR.S.UDAYAKUMAR

Pro Vice Chancellor

Ponnaiyah Ramajayam Institute of Science & Technology (PRIST)

At

4:00 pm on 05th May



Dr.R. KARTHIKEYAN
DIRECTOR

Physical Education
Ponnaiyah Ramajayam Institute
of Science & Technology (PRIST)
(Institution Deemed to be University
U/s 3 of the UGC Act. 1956)
Vallam, Thanjavur-613 403. Tamil Nadu.

PROGRAMME

17th MAY 2023

10:00 am

: Opening Ceremony
Prayer
Welcome Address
Flag Hoisting
March past of the Athletes
Arrival of Olympic Torch
Oath Taking
Declaring the Sports meet open

04:00 pm

: Closing Ceremony
Presidential Address
Prize Distribution
Vote of Thanks
National Anthem



R. Karthikeyan

Dr.R. KARTHIKEYAN
DIRECTOR

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INTRA SCHOOL TOURNAMENTS

2022 – 2023

S/No	DATE	NAME OF THE GAMESS	MEN	WOMEN	VENUE
1	03/11/2022 (Thursday)	KABADDI	✓		Indoor Stadium
2	24/04/2023 (Monday)	THROW BALL		✓	Volley Ball Court
3	25/04/2023 (Tuesday)	VOLLEY BALL	✓		Volley Ball Court
4	26/04/2023 (Wednesday)	BADMINTON	✓	✓	Indoor Stadium
5	27/04/2023 (Thursday)	CRICKET	✓		Cricket Ground

Rules & Regulation

- 1) The matches will be started sharply at 10.00 am.
- 2) Participants are requested to produce their identity cards at the time of the match and

Also have to come with proper uniform.

- 3) Matches will be conducted on knock out basis.
- 4) The latest rules will be followed. The referee's decision is final.



PHYSICAL DIRECTOR

AUTHORIZED SIGNATORY

R. Karthikeyan

Dr. R. KARTHIKEYAN
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Date: 03.05.2023

Time: 09.30 am

ANNUAL SPORTS MEET 2022 – 2023

TRACK & FIELD EVENTS FOR [MEN'S]

S. No	EVENTS
1	100 MTS
2	200 MTS
3	400 MTS
4	4 X 100 MTS Relay
5	Shot Put
6	Javelin Throw

Note:-

1. Each athlete can participate in two track and two field Events only. If found to have participated in more events The athletes get disqualified from the meet. (Except relay event)
2. The Participants should come with proper dress code and ID Card.



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Date : 04.05.2023

Time : 09.30 am

ANNUAL SPORTS MEET 2022 – 2023

TRACK & FIELD EVENTS FOR [WOMEN'S]

S. No	EVENTS
1	100 MTS
2	200 MTS
3	400 MTS
4	4 X 100 MTS Relay
5	Shot Put
6	Javelin Throw

Note:-

1. Each athlete can participate in two track and two field Events only. If found to have participated in more events The athletes get disqualified from the meet. (Except relay event)
2. The Participants should come with proper dress code and ID Card.



R.K.

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ANNUAL SPORTS MEET 2022 – 2023

17th MAY 2023

ORDER OF EVENTS

- | | | |
|----|----------|--------------------------------|
| 1. | 10.00am | - Prayer |
| 2. | 10.05 am | - Welcome Address |
| 3. | 10.15am | - Flag Hoisting |
| 4. | 10.25am | - March Past Of The Athletes |
| 5. | 10.40am | - Arrival Of Olympic Torch |
| 6. | 11.00am | - Oath Taking |
| 7. | 11.05 am | - Declare The Sports Meet Open |
| 8. | 11.10am | - 100 mts [finals] |
| 9. | 12.00pm | - shot put [Staff events] |

LUNCH BREAK

- | | | |
|-----|--------|---------------------------------|
| 10. | 2.00pm | - lucky corner [Staff events] |
| 11. | 2.30pm | - 4X100 mts relay |
| 12. | 3.00pm | - Tug of war [Staff events] |
| 13. | 3.30pm | - Presidential Address |
| 14. | 4.00pm | - Prize Distribution |
| 15. | 4.30pm | - Vote Of Thanks |
| 16. | 4.40pm | - Declare The Sports Meet Close |
| 17. | 4.45pm | - National Anthem |

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TRACK AND FIELD WOMENS

100 MTS

I	-	ATCHAYA .R	-	BCA I
II	-	DEEPIKA.M.P	-	MCA I
III	-	SHRUTHI.C	-	B.SC (HONS) AGRI IV

200 MTS

I	-	DEVASUBITCHA.S	-	CSE IV
II	-	THANGESHWARI	-	B.SC (HONS) AGRI III
III	-	NOWTHIKA.S	-	M SC.BIO I

400 MTS

I	-	DEEPIKA.M.P	-	MCA I
II	-	ATCHAYA .R	-	BCA I
III	-	THANGESHWARI	-	B.SC (HONS) AGRI III

SHOT PUT

I	-	DEVASUBITCHA.S	-	CSE IV
II	-	SHAKTHI.P	-	MBA I
III	-	ABINYA.M	-	B.SC (HONS) AGRI IV



R. Karthikeyan

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JAVELIN THROW

- | | | | | |
|-----|---|------------|---|---------------------|
| I | - | ENCY.D | - | MCA I |
| II | - | SHRUTHI.C | - | B.SC (HONS) AGRI IV |
| III | - | DHARANI .M | - | CIVIL II |

4 X 100 RELAY

I PLACE

- | | | |
|-------------|---|----------------------|
| SHRUTHI.C | - | B.SC (HONS) AGRI IV |
| DEVIKA.S | - | B.SC (HONS) AGRI I |
| SANGEETHA.P | - | B.SC (HONS) AGRI III |
| DHARSHINI.S | - | B.SC (HONS) AGRI III |

II PLACE

- | | | |
|----------------|---|----------|
| DEVASUBITCHA.S | - | CSE IV |
| DHARANI .M | - | CIVIL II |
| KEERTHANA.R | - | CSE II |
| RAKSHAMBIGAI | - | CSE I |

III PLACE

- | | | |
|-------------|---|-------|
| ATCHAYA .R | - | BCA I |
| DEEPIKA.M.P | - | MCA I |
| ENCY.D | - | MCA I |
| KARTHIKA.G | - | MCA I |



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TRACK AND FIELD MENS

100 MTS

I	-	A.VIKNESH	-	III MECH
II	-	M.R.ABISHEK	-	III BSc.CS
III	-	P.SRIKANTH	-	III BSc.AGRI

200 MTS

I	-	M.R.NISHANTH	-	III CSE
II	-	E.DIVIJ SHAMOON	-	III MECH
III	-	M.R.ABISHEK	-	III BSc.CS

400 MT

I	-	P.SRIKANTH	-	III BSc.AGRI
II	-	M.R.NISHANTH	-	CSE
III	-	RAJU .P	-	EEE III

SHOT PUT

I	-	A.VICKNESH	-	III MECH
II	-	K. MANIKANDAN	-	I BSc
III	-	SHAGLA.H	-	IV BSc.AGRI



G.R. KARTHIKEYAN

DIRECTOR

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JAVELIN THROW

I	-	A.VICKNESH	-	III MECH
II	-	M.R.NISHANTH	-	III CSE
III	-	P.SRIKANTH	-	III BSc.AGRI

4 X 100 RELAY

I PLACE

M.R.NISHANTH	-	III CSE
E.DIVIJ SHAMOON	-	III MECH
A.VIKNESH	-	III MECH
MANIKANDAN	-	III MECH

II PLACE

P.SRIKANTH	-	III BSc.AGRI
N.AMULRAJ	-	I BSc.AGRI
V.VETRIVE L	-	I BSc.AGRI
SHAGLA.H	-	IV BSc.AGRII

III PLACE

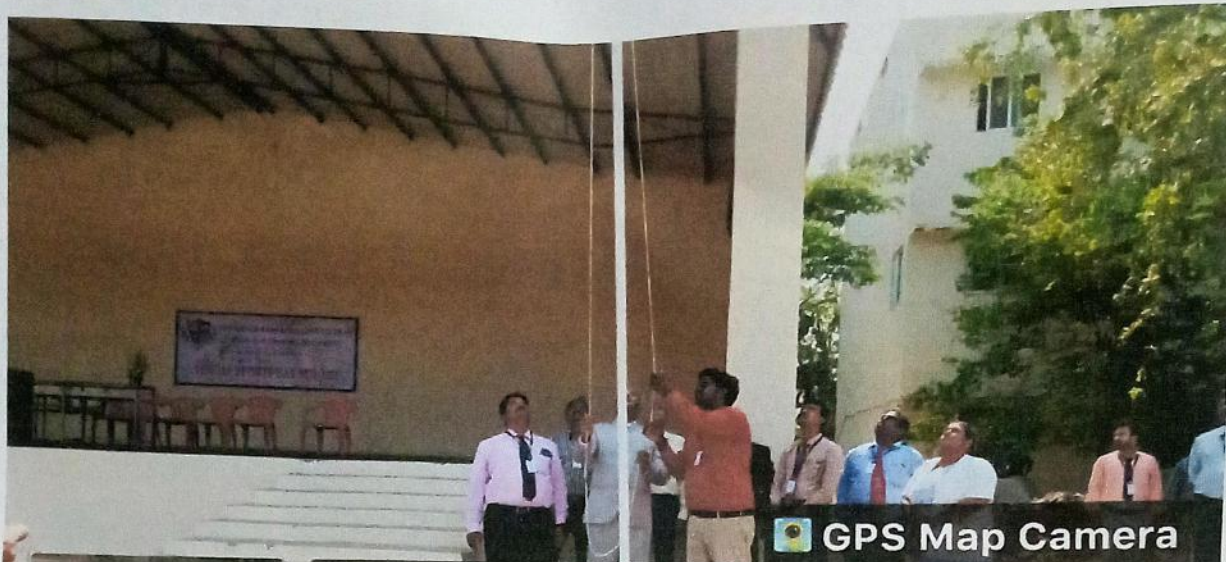
M.R.ABISHEK	-	III BSc.CS
K.MANIKANDAN	-	I BSc.CS
M.MOHAMED THOWFIK	-	I BSc.CS
JARJUN	-	I BSc.MICRO (BIO)



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GPS Map Camera



Google

Thanjavur, Tamil Nadu, India
P29R+PVM, Cafe road, Tamil Nadu 613401, India
Lat 10.719366°
Long 79.042253°
17/05/23 02:47 PM GMT +05:30



GPS Map Camera



Google

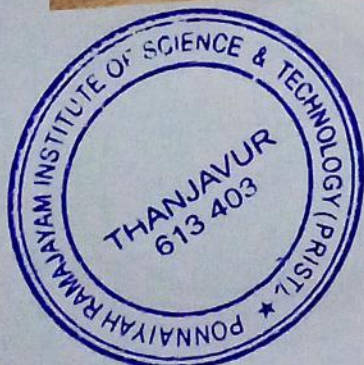
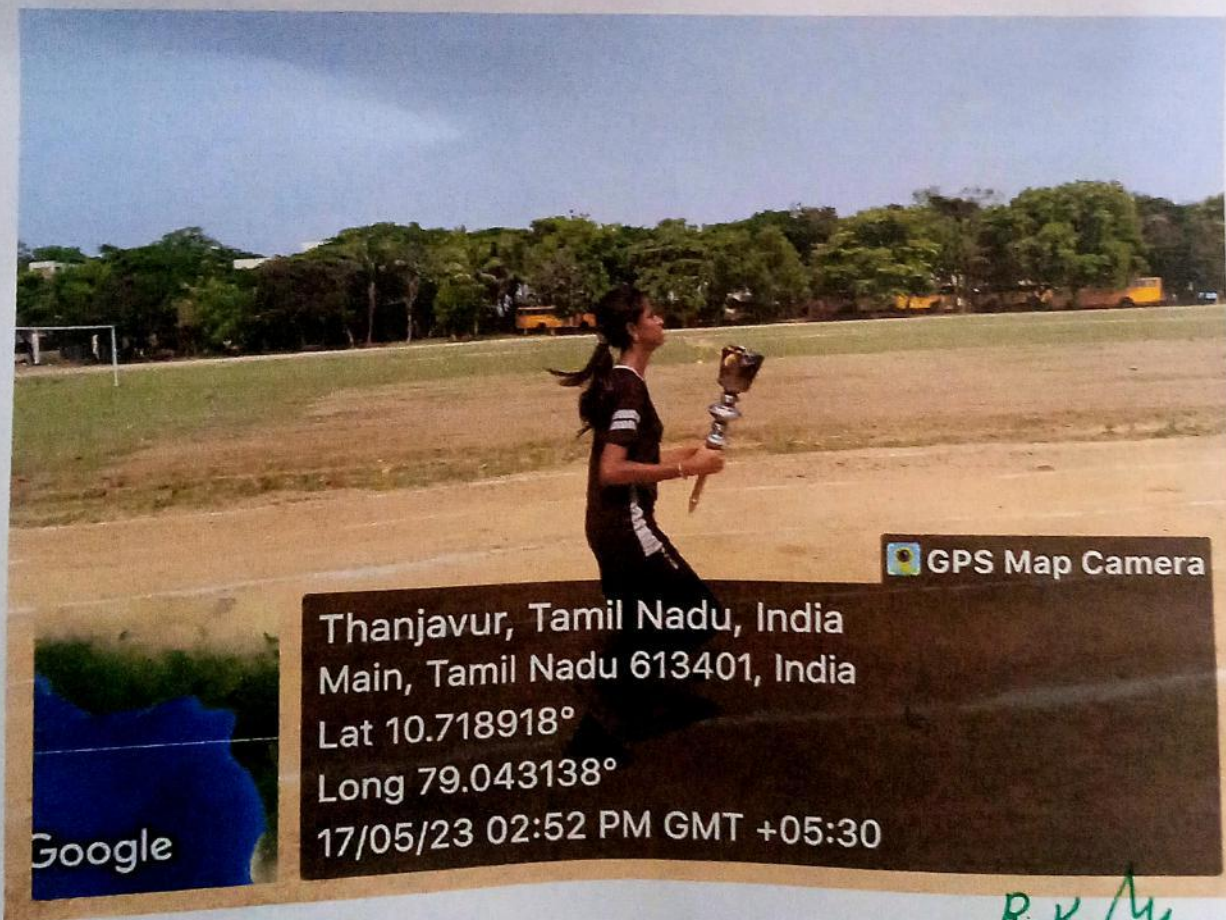
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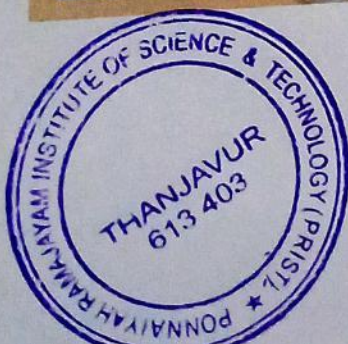
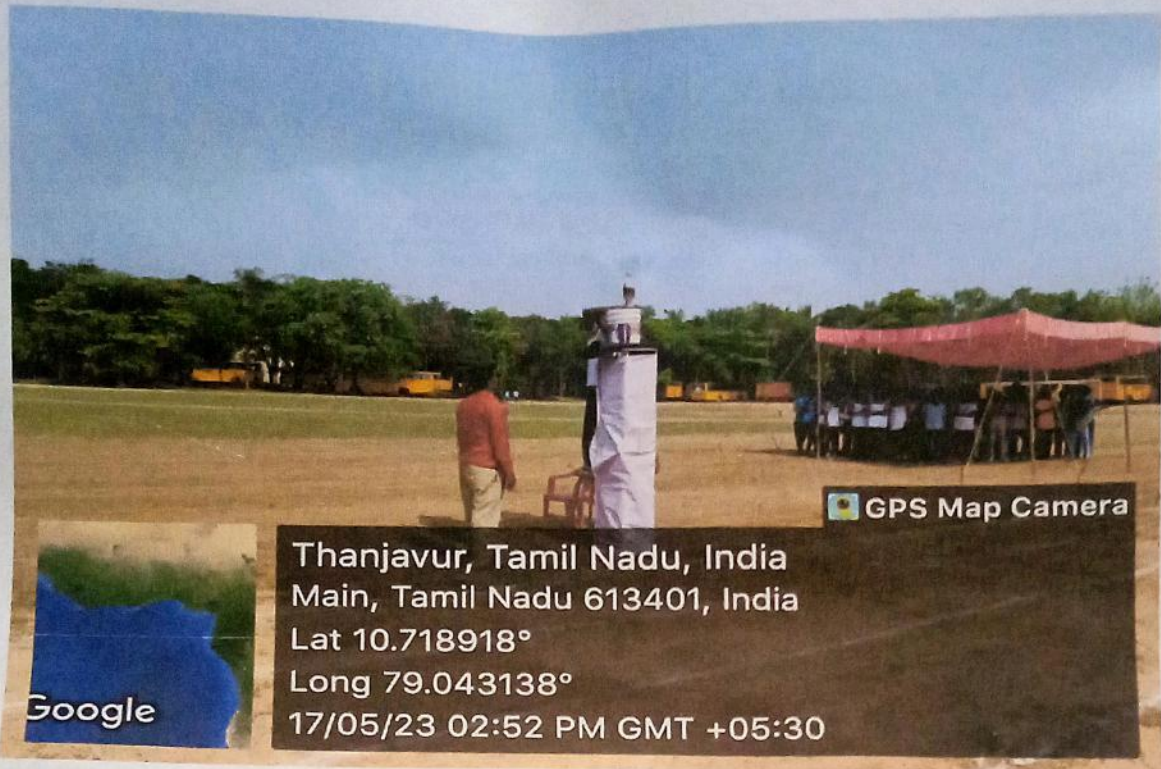
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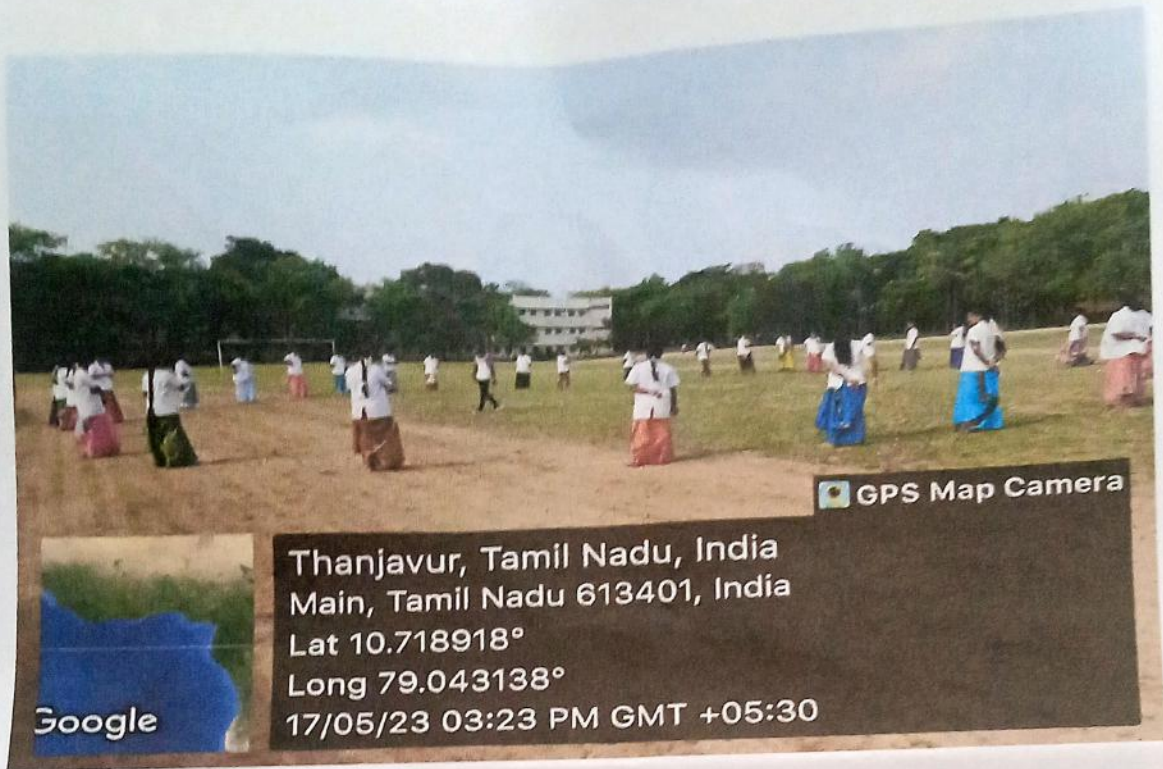
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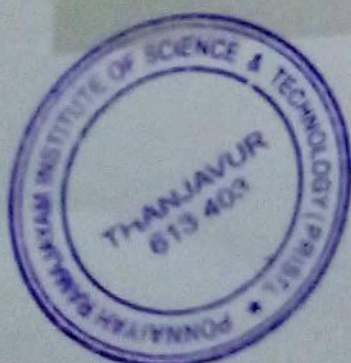
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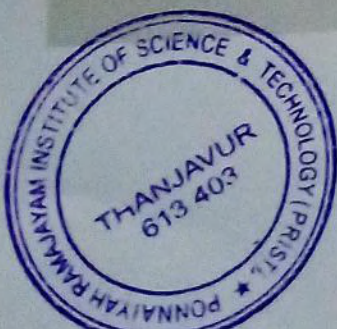
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GPS Map Camera



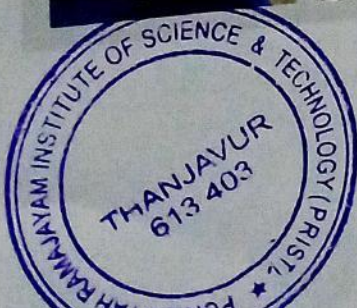
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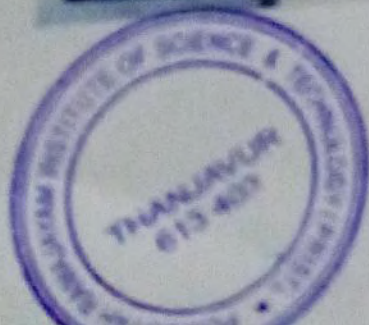
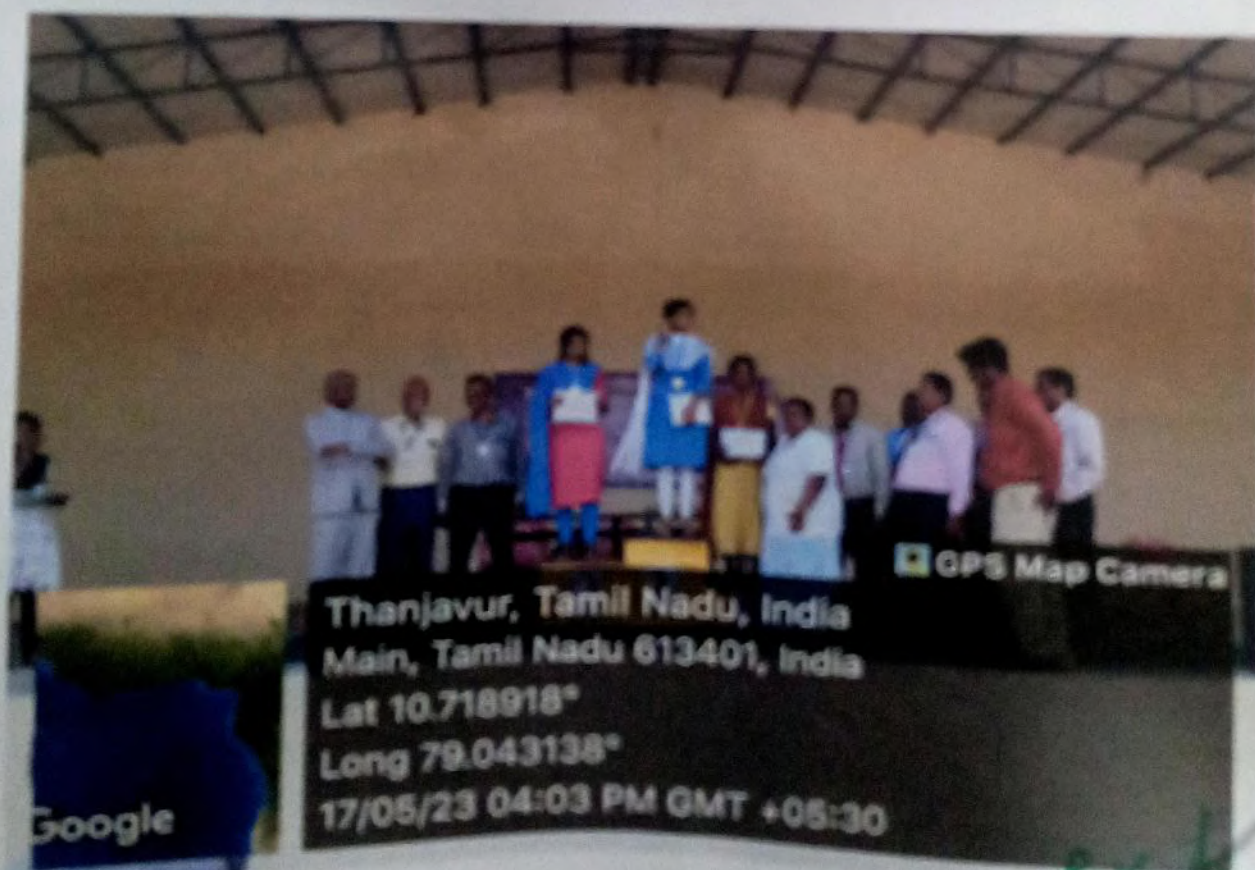


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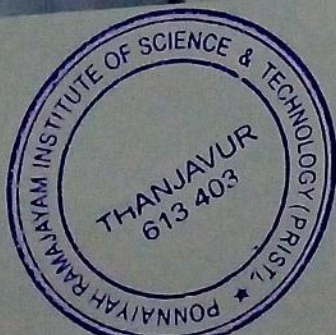


R. Karthikeyan

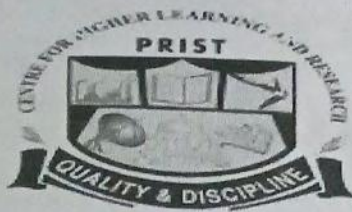
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THANJAVUR- 613 403 - TAMIL NADU

DEPARTMENT OF PHYSICAL EDUCATION

INVITATION

INDEPENDANCE DAY CELEBRATIONS 2022-2023

15/09/2022 – MONDAY

VENUE

PRIST Deemed to be University

CHIEF GUEST

DR. M.ABDUAL GHANI KHAN

Registrar

Ponnaiyah Ramajayam Institute of Science & Technology (PRIST)

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PRIST
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THANJAVUR- 613 403 - TAMIL NADU

PROGRAMME FOR

INDIPENDANCE DAY 2022-2023

15 th AUGUST 2022

08-00 am Prayer

08-10 am Welcome Address

08-30 am Flag Hoisting

08-40 am March past of the students

09-00 am Presidential Address

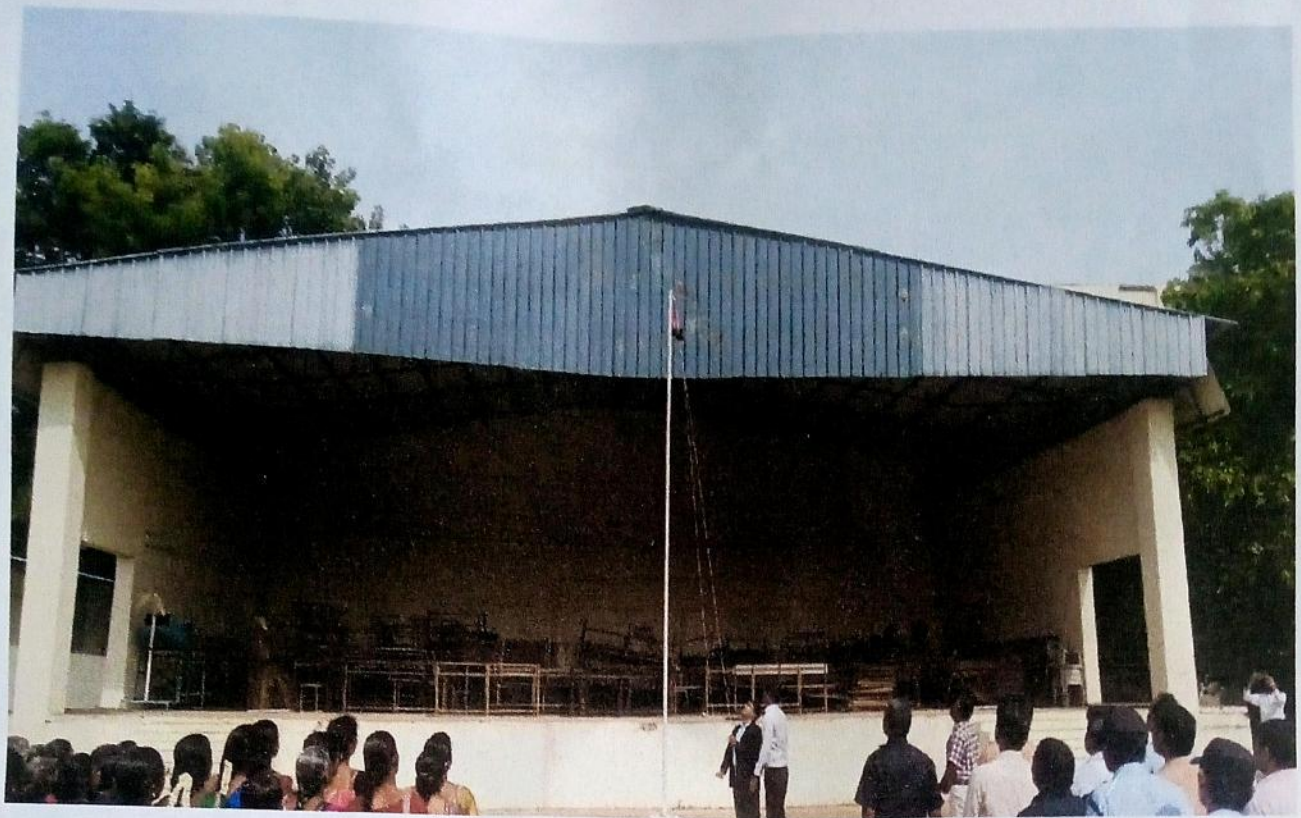
09-30 am National Anthem



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DEPARTMENT OF PHYSICAL EDUCATION

INVITATION

REPUBLIC DAY CELEBRATIONS 2022 -2023

26/01/2023 –TUESDAY

VENUE

PRIST DEEMED TO BE UNIVERSITY

CHIEF GUEST

Dr.S.UDHYAKUMAR

PRO VICE CHANCELLOR

PRIST DEEMED TO BE UNIVERSITY

At 08:00AM



Dr.R. KARTHIKEYAN
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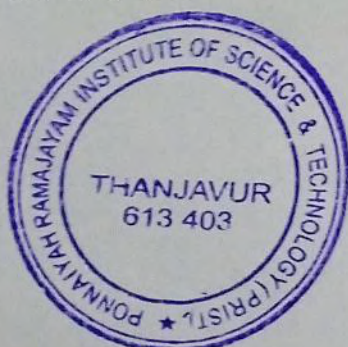
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PROGRAMME SCHEDULE

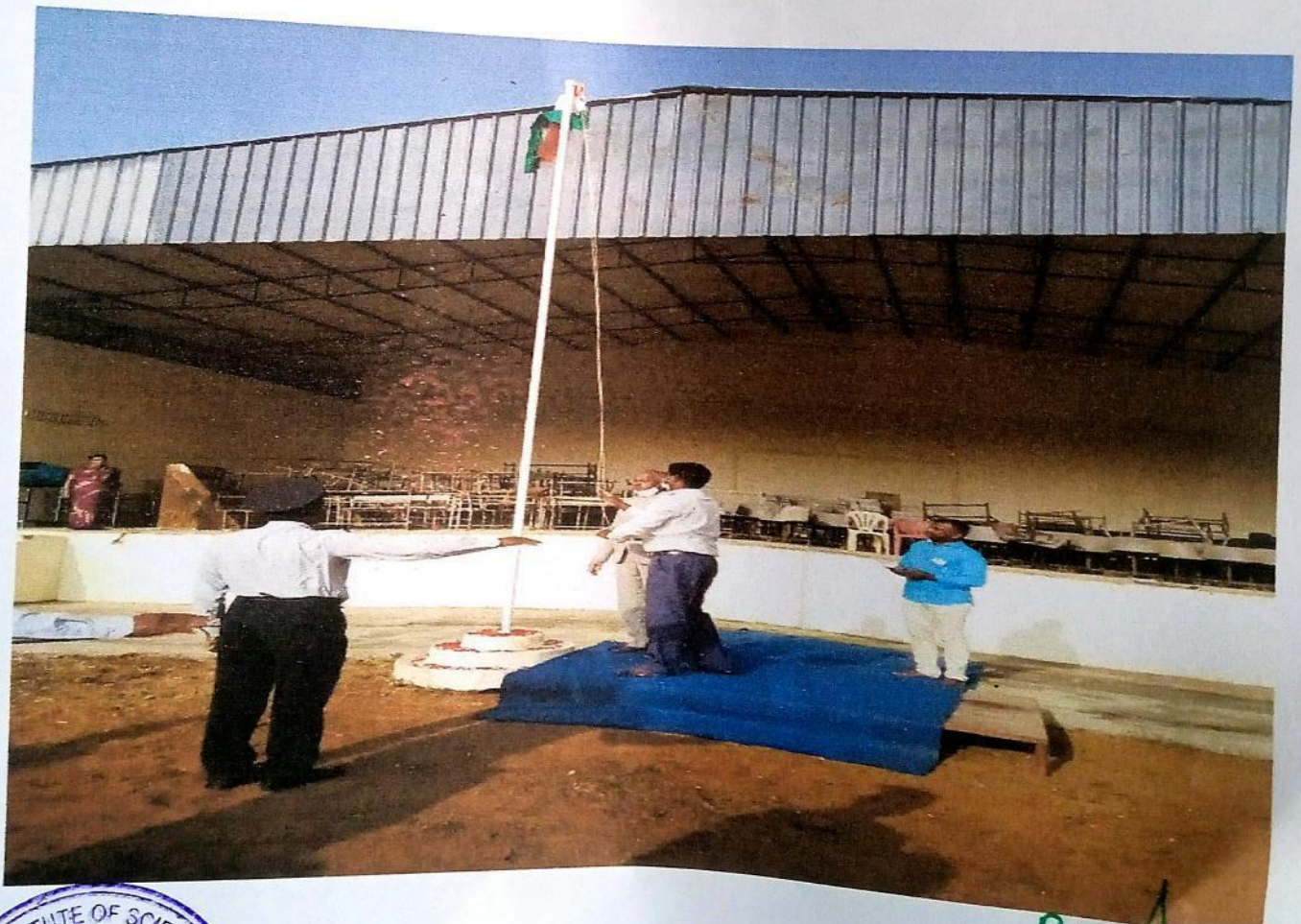
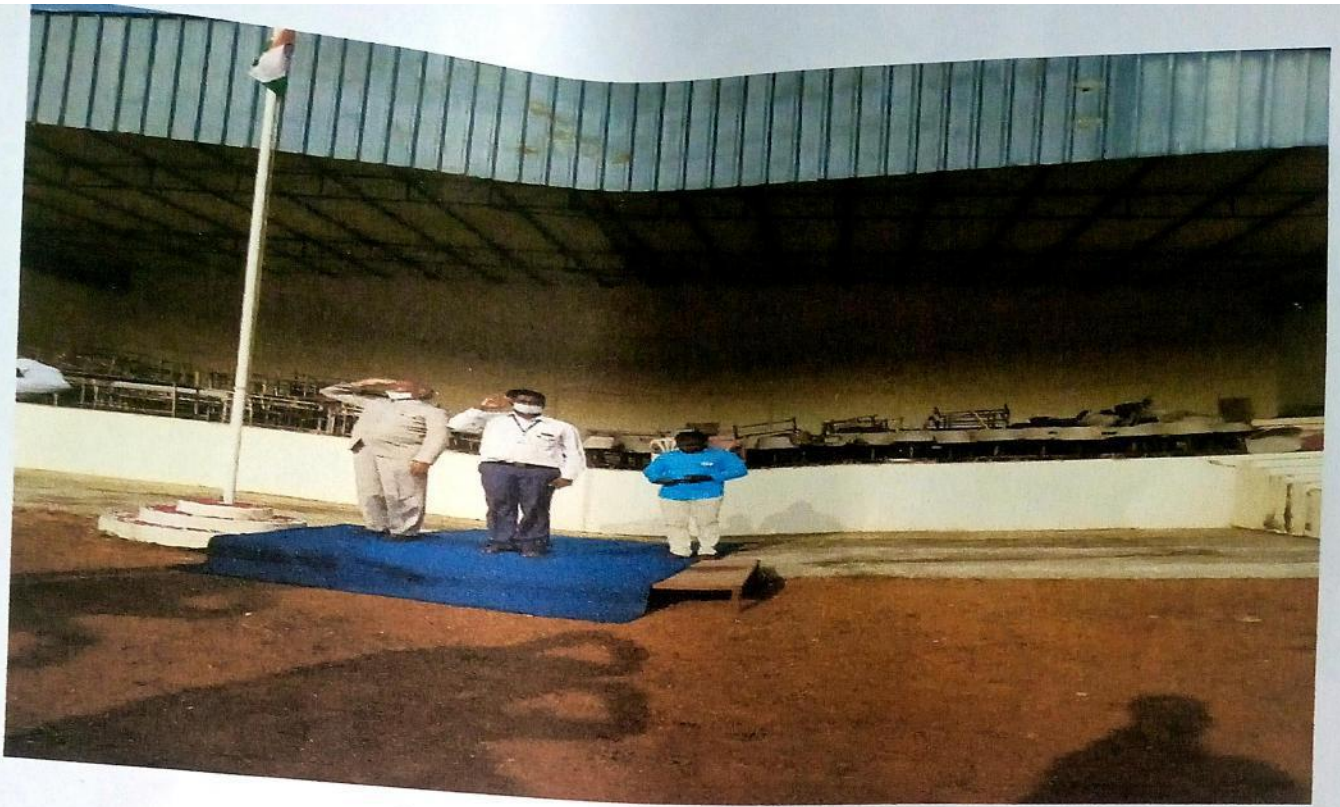
REPUBLIC DAY 2022-2023

26 th JANUARY 2023

08-00 am	-	Prayer
08-10 am	-	Welcome Address
08-30 am	-	Flag Hoisting
08-40 a	-	Marsh past of the students
09-00 am	-	Presidential Address
09-30 am	-	National Anthem



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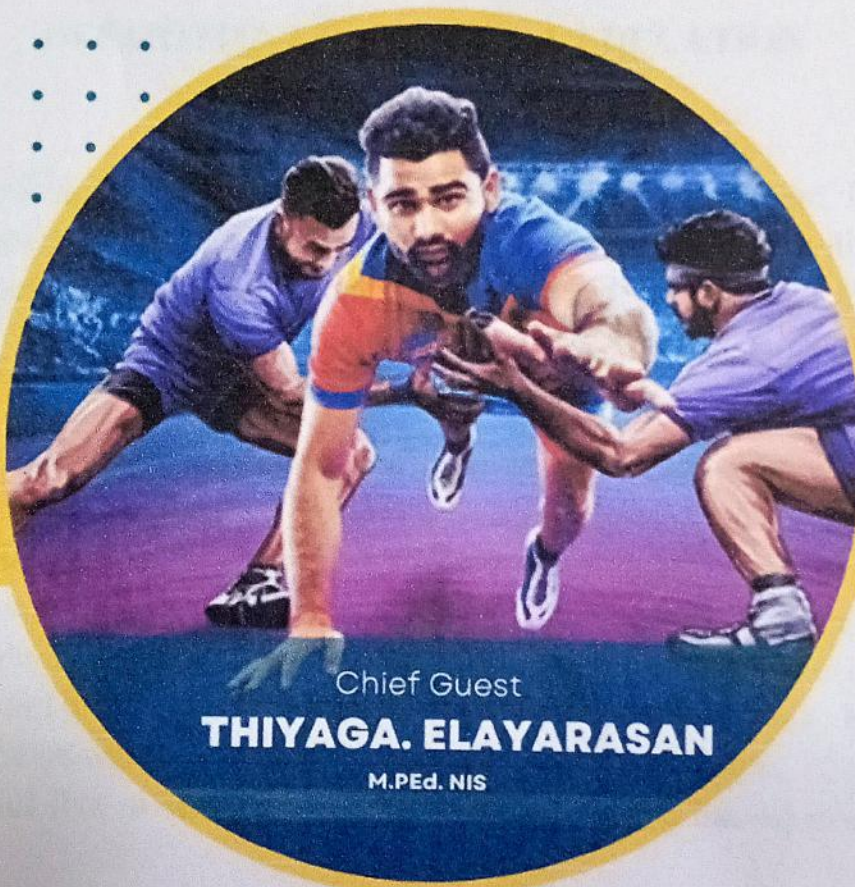
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**PONNAIYAH RAMAJAYAM INSTITUTE OF
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Proudly Present

**Workshop on
OFFENSIVE SKILLS DEVELOPMENT
IN KABADDI**



Chief Guest

THIYAGA. ELAYARASAN

M.Ped. NIS

Tuesday, 14 Feb 2023 | 10 AM

**At Indoor Stadium,
Silver Jubilee Block**

ORGANIZER

Dr. R. Karthikeyan, Physical Director
Mr. A. Manimaran
Mr. V. Rajan
Mrs. N. Muthulakshmi

Dr. R. KARTHIKEYAN
DIRECTOR

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**PONNAIYAH RAMAJAYAM INSTITUTE OF
SCIENCE & TECHNOLOGY (PRIST)**

Declared as DEEMED-TO-BE-UNIVERSITY
U/s 3 of UGC Act, 1956

OFFENSIVE SKILLS DEVELOPMENT WORK SHOP IN KABADDI (MEN)

DEPARTMENT OF PHYSICAL EDUCATION

2022 -2023

Kabaddi is a contact sport, native to the Indian subcontinent. It is one of the most popular sports in India, played mainly among people in villages. India has taken part in four Asian Games in kabaddi, and won gold in all of them. Four forms of kabaddi played in India are Amar, Suranjeevi, huttuttoo, and Gaminee. Amar is generally played in Punjab, Haryana,

The United States, Canada, and other parts of the world, mostly by Punjabi sportsmen. Suranjeevi is the most played form of kabaddi in India and the world. This is the form used in international matches generally and played in Asian Games. Huttuttoo was played by men in Maharashtra. In Gaminee style, seven players play on each side and a player put out has to remain out until all his team members are out. The team that is successful in outing all the players of the opponent's side secures a point. The game continues until five or seven such points are secured and has no fixed time duration.

Modern kabaddi is a synthesis of the game played in various forms under different names. Kabaddi received international exposure during the 1936 Berlin Olympics. The game was introduced in the Indian Olympic Games at Calcutta in 1938.

In 1950 the All India Kabaddi Federation came into existence and compiled standard rules. The Amateur Kabaddi Federation of India (AKFI) was founded in 1973. After formation of the Amateur Kabaddi Federation of India, the first men's nationals were held in Tamil Nadu (Madras) (renamed Chennai), while the women's were in AKFI has given new shape to the rules.



Dr. R. KARTHIKEYAN
DIRECTOR

Physical Education
Ponnaiyah Ramajayam Institute
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(Institution Deemed to be University
U/s 3 of the UGC Act, 1956)
Vallam, Thanjavur-613 403. Tamil Nadu.

The Asian Kabaddi Federation (AKF) was founded under the chairmanship of kabaddi.

In 1979, a return test between Bangladesh and India was held at different places of India including Mumbai, Hyderabad, and Punjab. The Asian Kabaddi Championship was arranged in 1980 and India emerged as champion and Bangladesh runner-up. Bangladesh became runner-up again in 1985 in the Asian Kabaddi Championship held in Jaipur, India. The other teams in the tournament were Nepal, Malaysia and Japan. The game was included for the first time in the Asian Games in Beijing in 1990. India, China, Japan, Malaysia, Sri Lanka, Pakistan, and Bangladesh took part. India won the gold medal and has also won gold at the following six Asian Games in Hiroshima in 1994, Bangkok in 1998, Busan in 2002, Doha in 2006 and Guangzhou in 2010.

An attempt to popularise kabaddi in Great Britain was carried out by Channel 4, who commissioned a programme dedicated to the sport. The programme, kabaddi in the early 1990s, however, failed to capture viewer attention despite fixtures such as West Bengal Police versus the Punjab. Kabaddi was axed in 1992. Alt-rock band The Cooper Temple Clause formed a kabaddi team in 2001 and were, at one stage, ranked seventh in the British domestic standings.

In the 1998 Asian games held at Bangkok (Thailand), the Indian kabaddi team clinched the gold medal. The chief coach of the team was former kabaddi player and coach Flt. Lt. S P Singh.

In a major upset, seven-time gold medalist India suffered their first-ever loss in 28 years at the 2018 Asian Games to South Korea in the men's Kabaddi group A game. In the semi-final, Iran sent the seven-time Asiad champions packing with a 27-18 win. India, who took home the bronze for reaching the semi-finals, did not play in the final since the introduction of the Games in the Asiad in 1990 at Beijing.

There Are So Many Affensive Skills In Kabaddi, we are selected five important major skills as follows.

- 1, The Hand Touch
- 2, The Foot Touch
- 3, The Toe Touch
- 4, The Sudden/Squat Leg Thrust
- 5, The Roll/Side/Front/Back Kick



R. Karthikeyan

Dr.R. KARTHIKEYAN
DIRECTOR

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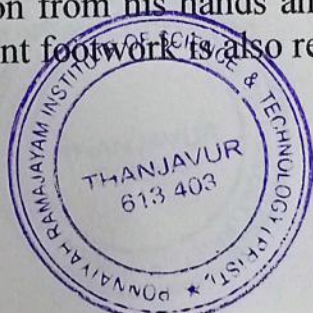
1 - The Hand Touch

Although this is one of the most basic offensive skills in Kabaddi, it requires plenty of practice in order to successfully apply it during a raid. This Kabaddi raiding skill involves tagging one or more defenders with either hand to score points for the raiding team (more defenders tagged, more points scored). Touching the defenders with the tip of a finger also counts.

The different situations that call for the application of this fundamental raiding skill include when there are 5 or fewer defenders on the field of play, when the defenders form a very close chain (in this situation, the risk of getting tackled is reduced when using the hand touch instead of other Kabaddi offensive skills), when the defenders are predominantly playing on the baulk line, and while the raider changes direction and can take the defenders by surprise.

Depending on the raider's typical offensive style, there are several types of hand touches, including:

- Running Hand Touch – this skill is best applied when the raider targets the corners and 2nd/supporting players during a natural, cross step, or running raid (the raider should run naturally to tag the targets but with an escape plan in mind, instead of running blindly).
- Turning Hand Touch – the raider suddenly changes direction and immediately tries to touch the Corner/2nd in the other direction; this skill serves as a surprise attack and should be applied only every now and then by the same raider; so that the defenders would not be able to anticipate it
- Stooping Hand Touch – the raider lunges for a defender's foot/ankle/leg (typically a Corner or Cover) by stooping forward or sideward and outstretching his arm; this sudden forward/sideward thrust of the body typically takes defenders by surprise, but if not careful, the risk of thigh hold is also increased
- Hopping Hand Touch – the raider makes a hopping movement when approaching one of the Corners/ Ins, to rapidly reduce the distance between them and achieve his goal; attacking closer to the defenders' lobby(a marked area parallel to the end line) can make it easier for him to get back to his side
- Feint & Hand Touch – the raider can create a deceptive situation using his upper body as part of his tactics, in order to divert the defenders' attention from his hands and then apply the hand touch to their surprise; excellent footwork is also required.



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2 - The Foot Touch

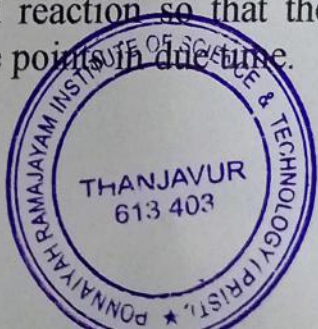
- The foot touch is also among the fundamental skills of Kabaddi that raiders commonly use to score points. When executing this Kabaddi raiding skill, the raider uses his entire foot, instead of just a toe, to tag one or more defenders. Physical fitness and leg strength in particular are required for the execution of this skill which typically involves a single-leg hip thrust in the direction of the target. The raider then proceeds with dragging his foot towards the defenders in an attempt to touch one or more – this is known as “SLIP” in Kabaddi. The slip enables the raider to rapidly cover a larger area of the defending team’s half of the court, maximizing his chances of touching defenders with his foot.

3 The Toe Touch

- One of the most popular Kabaddi raiding skills, the toe touch is similar to the foot touch but the raider only uses his toe to tag one or more antis. This offensive skill is preferred by raiders who want to play safer because it can be executed while maintaining a certain distance from the defenders. When applying the toe touch, the raider’s leading leg should be fully extended, the elbows should be flexed, and the center of gravity should be shifted towards the other leg for proper balance. Likewise, the raider should try to apply this raiding skill nearer the midline to minimize the risk of getting captured with the ankle hold and increase his/her chances of getting back to safety.

4 The Sudden/Squat Leg Thrust

- These Kabaddi offensive skills share similarities with the foot touch and toe touch because they also involve a sudden thrust of the leg, often unexpected by the antis, especially when it comes to the skill called sudden leg thrust. The raider is free to slide/drag the attacking leg both sideward to backward and forward to sideward to touch two or more defenders to their surprise but to the raiding team’s benefit. The squat leg thrust is applied by a raider in a squatting or crouching position, preferably closer to the midline for an easier escape, by thrusting either leg towards the antis. Both of these fundamental skills of Kabaddi require rapid reaction so that the raider can capitalize on the opportunities to score points in due time.



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5 The Roll/Side/Front/Back Kick

- These different types of kicks in Kabaddi are regularly used by escape-minded raiders because it allows them to maintain a pretty safe distance and often achieve their goal. These widely accepted Kabaddi offensive skills should not be applied violently though (the scope of the game is to touch/tag the defenders, not to hurt them). Raiders who initiate a .back, front, roll/curve, or sidekick typically target the Covers of the defending team. Agile movement and leg strength are essential to the execution of these Kabaddi raiding skills, which are best applied when there are 4 or fewer defenders on the court or when the antis play on the baulk line. A back-kick, in particular, can be executed while running, standing, feinting, or changing direction.
- In addition to these fundamental skills of Kabaddi, professional Kabaddi players also use advanced Kabaddi offensive skills that include rolling on the mat and crawling back to the raiding team's side, jumping over a chain of defenders who are holding hands in order to score multiple points, and ducking as low as possible, below the arm level of the chain, to escape unscathed as in the sensational Kabaddi raiding skill Dubki.



R. Karthikeyan

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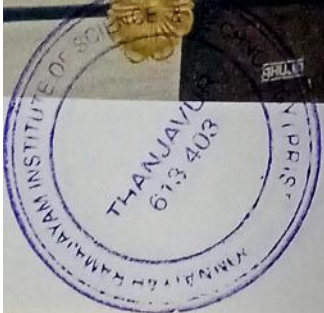


R. Karthikeyan

Dr.R. KARTHIKEYAN
DIRECTOR

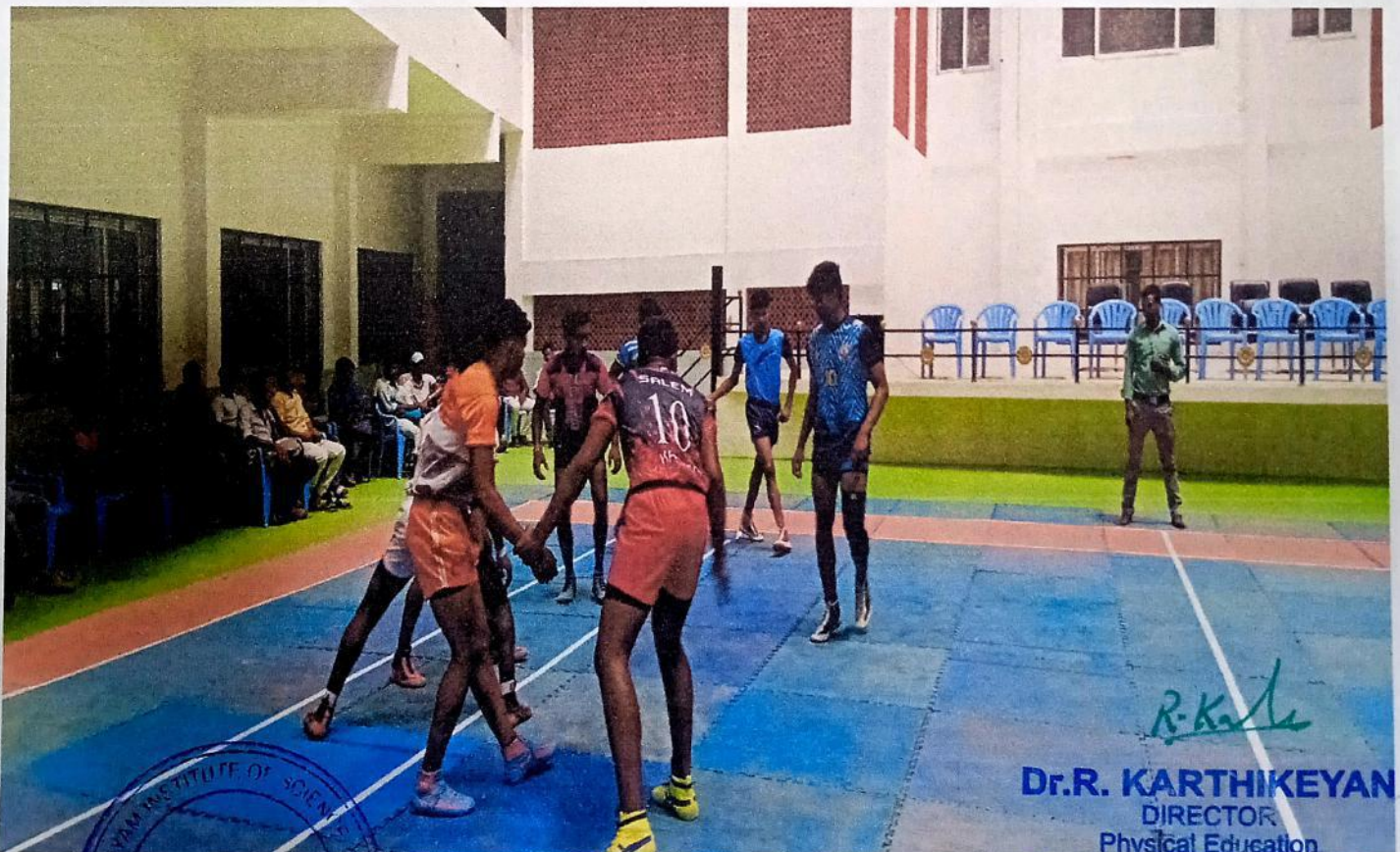
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PONNAIYAH RAMAJAYAM INSTITUTE OF SCIENCE & TECHNOLOGY

CAMPUSES

THANJAVUR

CHENNAI

CHENNAI CITY

MADRAS

TIRUCHIRAPPALLI

PUDUCHERRY

KUMBAKONAM



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THANJAVUR - 613 403 - TAMIL NADU

www.prist.ac.in

**PONNAIYAH RAMAJAYAM
MEMORIAL STATE LEVEL
TOURNAMENTS (MEN) 2021**
BASKET BALL | VOLLEY BALL | KABADDI

6th – 8th July 2021



VENUE:

**PRIST DEEMED TO BE UNIVERSITY
VALLAM, THANJAVUR - 613 403**

To

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R. Karthikeyan

Director of Physical Education,
PRIST Deemed to be University
(U/s 3 of the UGC Act, 1956)
Vallam, THANJAVUR - 613 403.



PRIST
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UNIVERSITY
NAAC ACCREDITED
THANJAVUR - 613 403 - TAMILNADU

RULES AND REGULATION

GENERAL

- Players must come with proper uniform during the tournament
- All matches will be conducted on knockout basis
- All teams should report 30 minutes before starting of the match. The referee's decision will be final
- Last date for Registration is 05.07.2021 Registration must be made in advance by post or e mail. pedsports@prist.ac.in Web: www.prist.ac.in
- Fixtures for the matches will be intimated in advance
- The organizing committee reserves all the rights to make any changes
- Teams must produce their bonafide certificate from the head of the institution. The participants must also compulsorily bring their Institution ID cards
- Merit certificate, Prize Money and Trophy will be awarded to the winner(s) and runner(s)
- All teams are requested to attend the inaugural function at 9.30 am on 06.07.2021
- Matches will be conducted at Ponnaiyah Ramajayam Institute of Science & Technology (PRIST) Deemed to be University, Thanjavur Campus

1. BASKETBALL

- There will be 4 quarters of 10 minutes each
- Team should consist a maximum of 12 players

2. VOLLEYBALL

- Current FIVB Rules will be followed.
- Team should consist a maximum of 12 players
- All matches will be conducted on 'Best of 3 formats

3. KABBADI

- Team should consist a maximum of 12 players
- All matches will be conducted on mud court
- Pro kabbadi rules will be follow

Director of Physical Education,
PRIST Deemed to be University
(U/s 3 of the UGC Act. 1956)
Valiam, THANJAVUR - 613 403.

PONNAIYAH RAMAJAYAM STATE LEVEL MEMORIAL TOURNAMENT-2020

S.no.	Name of the Game	Prize
1.	Basketball	winner : Rs.6000/- + shield & Certificate runner : Rs.4000/- + shield & Certificate
2.	Volley ball	winner : Rs.6000/- + shield & Certificate runner : Rs.4000/- + shield & Certificate
3.	Kabaddi	winner : Rs.6000/- + shield & Certificate runner : Rs.4000/- + shield & Certificate

ACCOMMODATION:

- Accommodation will be provided only with prior intimation
- Accommodation is strictly only for participants and team managers (Mentioned in the entry form)
- Participants are expected to vacate if they failed to qualify for the next round.
- Smoking and consumption of alcohol is strictly prohibited.



Director of Physical Education,
PRIST Deemed to be University
(U/s 3 of the UGC Act.1956)
Vallam, THANJAVUR - 613 403.

PRIST DEEMED TO BE UNIVERSITY
PONNAIYAH RAMAJAYAM MEMORIAL STATE LEVEL
TOURNAMENT-2021

Name of the institution :
Address :

Name of the Coach/Manager :
Contact Landline /Mobile No. :
E-Mail Address :

Please tick the games in which yours Institution wants to participate:

S.no.	Name of the Game	Kaidly put [✓]
1.	Basketball	
2.	Volley ball	
3.	Kabaddi	

Total number of participants : _____


Signature of the Faculty with seal

College seal

Head of the Institution with seal

For office use

Date of receiving the form:
Serial no.:


Director of Physical Education, Name & Signature
PRIST Deemed to be University
(U/s 3 of the UGC Act.1956)
Vallam, THANJAVUR-613 403.



PRIST
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NAAC ACCREDITED
THANJAVUR - 613 403 - TAMIL NADU

Department of Physical Education

Date:

To:
The Principal/Director of Physical Education

Dear Sir/Madam,

Sub: Invitation to participate in the Ponnaiyah Ramajayam Memorial State Level Basket Ball, Volley Ball, Kabaddi Tournament (MEN) 2021-reg.

We are glad to inform you that the Ponnaiyah Ramajayam Memorial State Level Basket Ball, Volley Ball, Kabaddi Tournament (MEN) 2021 has been arranged by the Department of Physical Education of our University in Thanjavur, Vallam Campus from 6TH to 8TH JULY 2021. The Tournament is open to all University and College students.

We wish to extend our invitation to your institution for the participation of teams from your end. We eagerly expect the enthusiastic participation of your students in this event. The Brochure containing the rules and regulations, entry form and format for Identity Card are being enclosed with this letter. The entry forms must be sent to the undersigned so as to be received not later than 5th July 2021

We look forward your kind co-operation to make this event a grand success.


Thanking you

Director of Physical Education,
PRIST Deemed to be University
(of the UGC Act. 1956)
THANJAVUR - 613 403.

Yours sincerely
(R.KARTHIKEYAN)
Director- Physical Education
Mail: pedsports@prist.ac.in
Cell: 9843161883

Programme No.	01
Name of the Event/ Competition	Basket Ball
Date	06-07-2021




 Director of Physical Education,
 PRIST Deemed to be University
 (U/s 3 of the UGC Act. 1956)
 THANJAVUR - 613 403.


List of Participants in Various Events of 2021

BASKET BALL FIXTURES

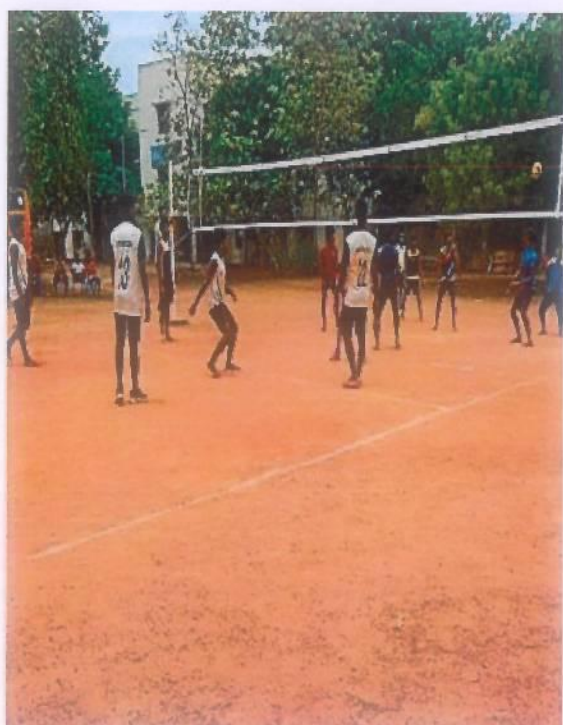
1. PRIST, VALLAM
2. ADAIKALAMATHA
3. AVVM SPC, POONDI
4. PRIST, CHENNAI ECR CAMPUS
5. UCE, THIRUKKUVAI
6. EVR, TRICHY
7. GOVT COLLEGE OF ENGG., SENGIPATTI
8. ANNAI, KUMBAKONAM

WINNERS - EVR, TRICHY

RUNNERS - PRIST, VALLAM


Director of Physical Education,
PRIST Deemed to be University
(U/s 3 of the UGC Act. 1956)
TANJAVUR - 613 403.

Programme No.	2
Name of the Event / Competition	Volley ball
Date	07-07-2021



R. Karthi

Director of Physical Education,
PRIST Deemed to be University
(U/s 3 of the UGC Act.1956)
Vallam, THANJAVUR - 613 403.

List of Participants in Various Events of 2021

VOLLEYBALL FIXTURES

1. PRIST, VALLAM
2. ADAIKALAMATHA
3. AVVM SPC, POONDI
4. KARAPAGAM
5. ANNAI, KUMBAKONAM
6. EVR, TRICHY
7. JAMAL, TRICHY
8. PERIYAR, VALLAM
9. KARUNYA

WINNERS- PERIYAR, VALLAM

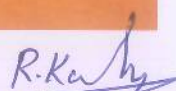
RUNNERS - ANNAI, KUMBAKONAM



Director of Physical Education,
PRIST Deemed to be University
(U/s 3 of the UGC Act. 1956)
Vallam, THANJAVUR - 613 403.

ProgrammeNo.	3
Name of the Event / Competition	Kabaddi
Date	08-07-2021




 Director of Physical Education,
 PRIST Deemed to be University
 (U/s 3 of the UGC Act, 1956)
 V-10, THANJAVUR-613 403.


List of Participants in Various Events of-----2021

KABADDI FIXTURES

1. GCE, THIRUKKUVALAI
2. MARUTHUPANDIYAN, THANJAVUR
3. GCE, SENGIPATTI
4. PRIST, VALLAM
5. ADAIKALAMATHA, VALLAM
6. GTN, DINDIGUL
7. PERIYAR, VALLAM
8. PRIST, TRICHY
9. KARUNYA, COIMBATORE
10. KARPAGAM, COIMBATORE
11. KARUNYA
12. ANNA UNI COLLEGE, DINDIGUL
13. GOVT COLLEGE OF ENGG., SENGIPATTI
14. ATHIYAMAN, HOSUR
15. BHARATH, CHENNAI
16. PRIST, PONDICHERRY

WINNER- PRIST, VALLAM

RUNNER- GOVT COLLEGE OF ENGG., SENGIPATTI


Director of Physical Education,
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Vallam, THANJAVUR-613 403.



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LIST OF PROGRAMMES FOR THE ACADEMIC YEAR 2019 -2020

S.No.	Date	Name of the Event
01	03-03-2020	Basket ball
02	04-03-2020	Volley ball
03	06-03-2020	Kabaddi
04	27-08-2019 to 31-08-2019	Inter Institution Tournaments

R. Karthi
Director of Physical Education,
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Vallam, THANJAVUR - 613 403.

PONNAIYAH RAMAJAYAM INSTITUTE OF SCIENCE & TECHNOLOGY

CAMPUSES

THANJAVUR

CHENNAI-ER

CHENNAI CITY

MAIDUTHAI

TIRUCHIRAPPALLI

PUDUCHERRY

KUMBakonam



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**PONNAIYAH RAMAJAYAM
MEMORIAL STATE LEVEL
TOURNAMENTS (MEN) 2020
BASKET BALL | VOLLEY BALL | KABADDI**

3rd - 6th March, 2020



VENUE:

PRIST DEEMED TO BE UNIVERSITY
VALLAM, THANJAVUR - 613 403

To

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R. Kalis

Director of Physical Education,
PRIST Deemed to be University
(U/s 3 of the UGC Act, 1956)
Vallam, THANJAVUR - 613 403.



PRIST
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UNIVERSITY
NAAC ACCREDITED
THANJAVUR - 613 403 - TAMILNADU

Department of Physical Education

Date:

To:

The Principal/Director of Physical Education

Dear Sir/Madam,

Sub: Invitation to participate in the Ponnaiyah Ramajayam Memorial State Level
Tournaments (MEN) 2020-reg.

We are glad to inform that the **PONNAIYAH RAMAJAYAM MEMORIAL STATE
LEVEL TOURNAMENTS (MEN) - 2020** have been organized by the **Department of
Physical Education** of our University in Thanjavur-Vallam Campus from 3rd to 6th March 2020.
The Tournament is open to all College and University students in Basket Ball, Volley Ball and
Kabaddi.

We wish to extend our invitation to your institution for the participation of teams from
your institution and look forward your kind co-operation to make this event a grand success.

The Brochure containing the Rules & Regulations and Registration Form are being
enclosed with this letter. The filled-in Registration Forms may be sent to the undersigned not
later than 29th February 2020.

Thanking you.

Yours sincerely,

(R.KARTHIKEYAN)

Director- Physical Education

Mail: pristsportsthanjavur@gmail.com

Cell: 9843161883

Director of Physical Education,
PRIST Deemed to be University
(U/s 3 of the UGC Act.1956)
Vallam, THANJAVUR - 613 403.



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THANJAVUR - 613403 - TAMIL NADU



PONNAIYAH RAMAJAYAM MEMORIAL STATE LEVEL

TOURNAMENTS (MEN) - 2020

BASKET BALL, VOLLEY BALL & KABADDI

About the Institution

Our Ponnaiyah Ramajayam Institute of Science and Technology (PRIST) is an Institution Deemed to be University, established Under Section 3 of UGC Act, 1956 and accredited by NAAC. It is situated on Trichy-Thanjavur National Highway (NH46) at 42 km from Tiruchirappalli and 15 km from Thanjavur. The University is having six campuses and is offering programmes in Engineering & Technology, Arts & Science, Commerce & Business Management, Education, Agriculture, Architecture, Law and Pharmacy. Under the able guidance of its founder Chancellor Dr. P. Murugesan, the University emerged as an Ideal University with excellence in all spheres of its activities.


About the tournament

Sports and games are essential for both healthy physic and mental relief of the human. It increases the immunity of the person.

Kabaddi is an ancient sport of Tamil Nadu, most popular in India played mainly among people in villages and received international exposure during the 1936. It is also an Olympic game and there are too many doyens of Kabadi in Thanjavur and Thiruvarur Districts.

Basket Ball is a Team sport invented in 1891 in Springfield, Massachusetts by Canadian physical education instructor. In India, the game of basketball started in 1930. Basketball is a fast moving game that involves a lot of variety, including shooting, dribbling, passing, rebounding, defence and much more.

Volley Ball is an international game of Olympic, yet the students in every High School and College have plenty of chances to play the game. There had been many leading players of international repute in Delta Districts.


Director of Physical Education
PRIST Deemed to be University
U/s 3 of the UGC Act.1956)
Vallam, THANJAVUR - 613 403.

In order to give a fillip to the growth and glory to the Sports and Games, it has been decided to conduct a State Level Volley Ball, Kabaddi and Basket Ball Tournament in memory of the Parents of our founder Chancellor.

Prize Details:

S.no.	Name of the Game	Prize
1.	Basketball	Winner : Rs.6000/- + Trophy & Certificate Runner : Rs.4000/- + Trophy & Certificate
2.	Volley ball	Winner : Rs.6000/- + Trophy & Certificate Runner : Rs.4000/- + Trophy & Certificate
3.	Kabaddi	Winner : Rs.6000/- + Trophy & Certificate Runner : Rs.4000/- + Trophy & Certificate

Accommodation:

- Accommodation will be provided only on prior intimation
- Accommodation are strictly only for participants and team managers (Mentioned in the entry form)
- Participants are expected to vacate if they failed to qualify for the next round.
- Smoking and consumption of alcohol is strictly prohibited.

Communication and Contact @

BASKET BALL	VOLLEY BALL	KABADDI
Mr. A. MANIMARAN Asst. Director(Physical Education) Cell: 9751372223	Mr. R. SHANKARAN Asst. Director(Physical Education) Cell: 7695840543	Mr. V. RAJAN Asst. Director(Physical Education) Cell: 9843133798


E Mail: pristsportsthanjavur@gmail.com

Website: www.prist.ac.in

Date(s) : 03rd & 04th March, 2020 (Basket Ball, Volley Ball)

: 05th & 06th March, 2020 (Kabaddi)

Venue : PRIST DEEMED TO BE UNIVERSITY, Vallam, Thanjavur-613403


Director of Physical Education,
PRIST Deemed to be University
(U/s 3 of the UGC Act.1956)
Vallam, THANJAVUR-613 403.

General Rules and Regulation

- Players must come with proper uniform during the tournament
- All matches will be conducted on knockout basis
- All teams should report 30 minutes before starting of the match. The referee's decision will be final
- Last date for Registration is 29/02/2020 Registration must be made in advance by post or e mail. pristsportsthanjavur@gmail.com : Web: www.prist.ac.in
- Fixtures for the matches will be intimated in advance
- The organizing committee reserves all the rights to make any changes
- Teams must produce their bonafide certificate from the head of the institution. The participants must also compulsorily bring their Institution ID cards
- Merit certificate, Prize Money and Trophy will be awarded to the winner(s) and runner(s)
- All teams are requested to attend the inaugural function at 9.30 am on 03/03/2020
- Matches will be conducted at Ponnaiyah Ramajayam Institute of Science & Technology (PRIST) Deemed to be University, Thanjavur Campus

1. BASKETBALL

- There will be 4 quarters of 10 minutes each
- Team should consist a maximum of 12 players

2. VOLLEYBALL

- Current FIVB Rules will be followed.
- Team should consist a maximum of 12 players
- All matches will be conducted on 'Best of 3 formats

3. KABADDI

- Team should consist a maximum of 12 players
- All matches will be conducted on mud court
- Pro kabaddi rules will be follow



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PONNAIYAH RAMAJAYAM MEMORIAL STATE LEVEL
TOURNAMENTS (MEN) - 2020
BASKET BALL, VOLLEY BALL & KABADDI

REGISTRATION FORM

Name of the Institution with Address :

Name of the Coach/Manager :

Contact Mobile No. :

Name of the Game :

S.No.	Register Number	Name of the Player	Year /Branch	Date of Birth	Signature
1.					
2.					
3.					
4.					
5.					
6.					
7.					
8.					
9.					
10.					
11.					
12.					

Director - Physical Education

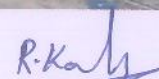
Head of the Institution



Director of Physical Education,
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Programme No.	01
Name of the Event/ Competition	Basket Ball
Date	03-03-2020




 Director of Physical Education,
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 Vellam, THANJAVUR - 613 403.



]

R. K. K.

Director of Physical Education,
PRIST Deemed to be University
(U/s 3 of the UGC Act.1956)
Vallam, THANJAVUR - 613 403.



Latitude: 10.717626
Longitude: 79.043253
Elevation: 80.68m
Accuracy: 4.1m
Time: 03-03-2020 18:10

R. Karthi

Director of Physical Education,
PRIST Deemed to be University
(U/s 3 of the UGC Act.1956)
Vallam, THANJAVUR-613 403.



R. K. ...
 Director of Physical Education,
 PRIST Deemed to be University
 (U/s 3 of the UGC Act. 1956)
 Vallam, THANJAVUR - 613 403.

Latitude: 10.717601
Longitude: 79.043181
Elevation: 63.82m
Accuracy: 5.3m
Time: 03-03-2020 18:38



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**PONNAIYAH RAMAJAYAM MEMORIAL
STATE LEVEL TOURNAMENTS (MEN) - 2020
DEPARTMENT OF PHYSICAL EDUCATION
BASKETBALL FIXTURES**



W. Raju
5/3/20
[PHYSICAL DIRECTOR]

Sudh
3/3/20
[REGISTRAR]

R. Karthi
Director of Physical Education,
PRIST Deemed to be University
(Acted under Sec 3 of the UGC Act.1956)
THANAVUR - 611401

ProgrammeNo.	2
NameoftheEvent / Competition	Volley ball
Date	04-03-2020



R. Karthi
Director of Physical Education,
PRIST Deemed to be University
(U/s 3 of the UGC Act, 1956)
Vallam, THANJAVUR - 613 403.



Latitude: 10.723649
Longitude: 79.05303
Accuracy: 2900.0m
Time: 04-03-2020 16:44

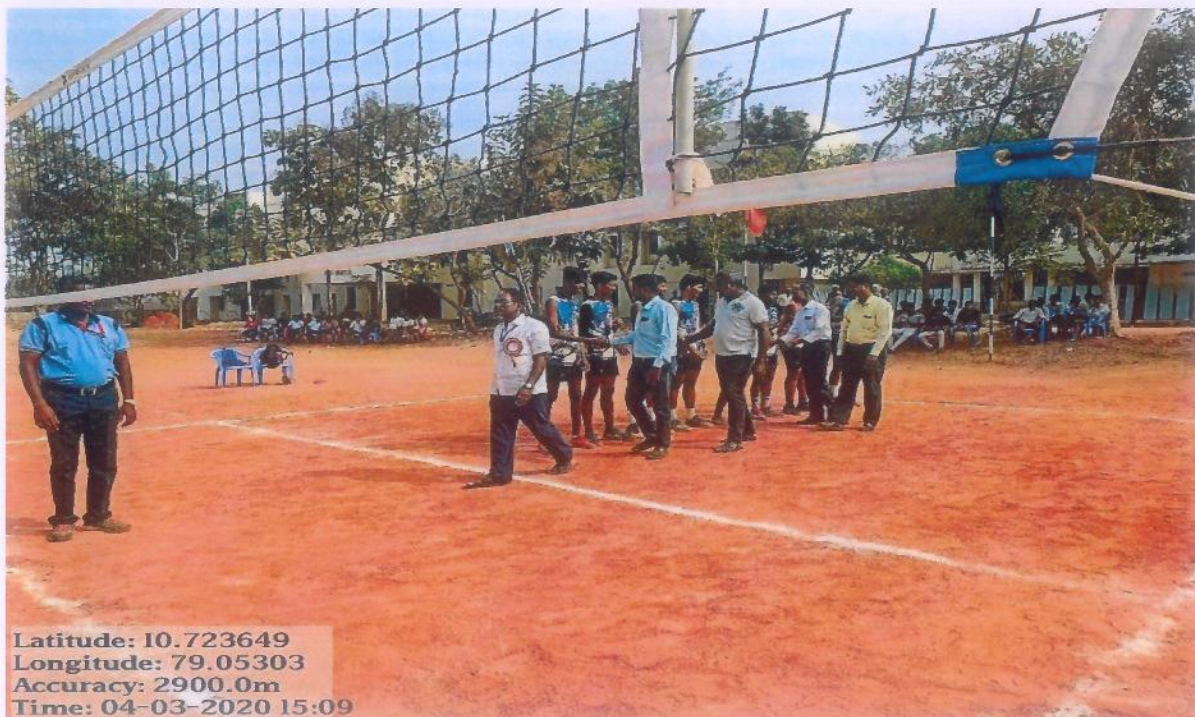


Latitude: 10.720411
Longitude: 79.044193
Accuracy: 92.9m
Time: 04-03-2020 15:39

R. K. [Signature]
Director of Physical Education,
PRIST Deemed to be University
(U/s 3 of the UGC Act. 1956)
Vallam, THANJAVUR - 613 403.



R. Karthi
 Director of Physical Education,
 PRIST Deemed to be University
 (U/s 3 of the UGC Act.1956)
 Vailam, THANJAVUR - 613 403.



R. Kalyan
 Director of Physical Education,
 PRIST Deemed to be University
 (U/s 3 of the UGC Act. 1956)
 Villupuram, THANJAVUR-613 403.

List of Participants in Various Events of 2020

VOLLEYBALL FIXTURES

1. PRIST, VALLAM
2. ADAIKALAMATHA
3. AVVM SPC, POONDI
4. KARAPAGAM
5. ANNAI, KUMBAKONAM
6. HINDUSTAN
7. PRIST, CHENNAI CITY CAMPUS
8. PERIYAR, VALLAM
9. KARUNYA
10. ANNA UNI COLLEGE, DINDIGUL
11. GOVT COLLEGE OF ENGG., SENGIPATTI
12. PRIST, PONDICHERRY
13. ESHWAR COLLEGE, COIMBATORE
14. PRIST, CHENNAI ECR CAMPUS
15. UCE, THIRUKKUVAI
16. EVR, TRICHY

Winners – KARAPAGAM University, COIMBATORE

Runners – ESHWAR COLLEGE, COIMBATORE



Director of Physical Education,
PRIST Deemed to be University
(U/s 3 of the UGC Act.1956)
Vallam, THANJAVUR - 613 403.

List of Participants in Events

ProgrammeNo.	3
NameoftheEvent / Competition	Kabaddi
Date	06-03-2020



R. Karthi
Director of Physical Education,
PRIST Deemed to be University
(U/s 3 of the UGC Act.1956)
Vallam, THANJAVUR - 613 403.



R. K. [Signature]
 Director of Physical Education,
 PRIST Deemed to be University
 (U/s of the UGC Act 1956)
 Vallam, THANJAVUR - 613 403



R. Karthi
Director of Physical Education,
PRIST Deemed to be University
(U-2 of the UGC Act.1956)
Vallam, THANJAVUR - 613 403.



R. Karthi
 Director of Physical Education,
 PRIST Deemed to be University
 (U/s 3 of the UGC Act.1956)
 Villupuram, THANJAVUR-613 403.



Latitude: 10.724946
Longitude: 79.040669
Accuracy: 2700.0m
Time: 05-03-2020 17:18

R. K. K.

Director of Physical Education,
PRIST Deemed to be University
(U's 3 of the UGC Act.1956)
Tamil Nadu, THANJAVUR - 613 403.



R. Karthi
 Director of Physical Education,
 PRIST Deemed to be University
 (U/s 3 of the UGC Act. 1956)
 Vallam, THANJAVUR - 613 403



Latitude: 10.724946
 Longitude: 79.040669
 Accuracy: 2700.0m
 Time: 05-03-2020 11:42



Latitude: 10.724946
 Longitude: 79.040669
 Accuracy: 2700.0m
 Time: 05-03-2020 12:02

R. Karthi

Director of Physical Education,
 PRIST Deemed to be University
 (U/s 3 of the UGC Act.1956)
 Vallam, THANJAVUR - 613 403.

List of Participants in Various Events of-----2020

KABADDI FIXTURES

1. GCE, THIRUKKUVALAI
2. MARUTHUPANDIYAN, THANJAVUR
3. GCE, SENGIPATTI
4. PRIST, VALLAM
5. ADAIKALAMATHA, VALLAM
6. GTN, DINDIGUL
7. PRIST, MADURAI
8. ST.JOSEPH, TRICHY
9. PERIYAR, VALLAM
10. PRIST, TRICHY
11. KARUNYA, COIMBATORE
12. KARPAGAM, COIMBATORE
13. PRIST, KUMBAKONAM
14. ATHIYAMAN, HOSUR
15. BHARATH, CHENNAI
16. PRIST, CITY CAMPUS
17. DHANALAKSHMI SRINIVASAN
18. PRIST, ECR CAMPUS
19. ANNAI, KUMBAKONAM
20. AVVM SPC, POONDI
21. EVR, TRICHY
22. JAMAL, TRICHY

Winners – JAMAL MOHAMED ART & SCIENCE

COLLEGE, TRICHY

Runners – KARUNYA University, COIMBATORE



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LIST OF PROGRAMMES FOR THE ACADEMIC YEAR 2018 -19

S.No.	Date	Name of the Event
01	13-09-2018	Annual sports meet
02	07/08/2018	Inter Institution Tournaments

Director of Physical Education,
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THANJAVUR – 613 403 - TAMILNADU

The Management, Staff & Students of PRIST Deemed to be University
cordially solicit the esteemed presence of the parents and well-wishers to the

12th ANNUAL SPORTS MEET

On

13.09.2019 (Friday)

Dr.P.MURUGESAN

(Hon'ble Chancellor, PRIST Deemed to be University)

has kindly consented to be the Chief Guest and distribute the prizes

The Management, Staff and Students


Director of Physical Education,
PRIST Deemed to be University
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Vallam, THANJAVUR - 613 403.

PROGRAMME

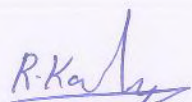
Date: 13.09.2019

Time: 2.00 pm

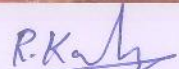
- Prayer
- National Flag Hoisting
- Lighting the Olympic Torch
- March past
- Oath taking by Athletes
- Inauguration of the meet by the Chief Gues
- Sports Events
- Cultural Programme
- Welcome Address
- Annual Sports Report
- Special Address by the Chief Guest
- Prize Distribution
- Vote of Thanks
- National Anthem


Director of Physical Education,
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 (U/s 3 of the UGC Act.1956)
 Vallam, THANJAVUR - 613 403.




 Director of Physical Education,
 PRIST Deemed to be University
 (U/s 3 of the UGC Act. 1956)
 Vallam, THANJAVUR - 613 403.



R.K. aly
 Director of Physical Education,
 Priol Deemed to be University
 (Ors of the UCC Act 1956)
 Vallam, THANJAVUR - 613 403.

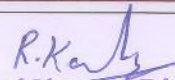


R. Karthi

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Programme No.	02
Name of the Event	Inter Institution Tournaments
Date	07/08/2018




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R. Karthi
 Director of Physical Education,
 PRIST Deemed to be University
 (U/s 3 of the UGC Act, 1956)
 Vallam, THANJAVUR - 613 403.



R. K. [Signature]
 Director of Physical Education,
 PRIST Deemed to be University
 (U/s 3 of the UGC Act. 1956)
 Vallam, THANJAVUR-613 403.